

## Appendices

### Appendix 1: Searched terms

Searched words	Conjunction	Disjunction	Examples of exact search terms
Cognitive, behaviour, behavioural, therapy, CBT, mobile phone(s), application, randomised, controlled, trial, RCT	and	N/A	Cognitive behavioural therapy AND mobile phone application randomised controlled trial CBT AND mobile phone RCT Mobile phone AND CBT RCT Mobile phone application CBT RCT CBT RCT AND mobile phones CBT randomised trial AND mobile phones



